

EAT IN OR TAKEAWAY

NIBBLES

Marinated Olives <i>v</i>	4.95	<input type="checkbox"/>
Garlic Ciabatta With Mozzarella <i>v</i>	4.95	<input type="checkbox"/>
Deep Fried Whitebait, Tartare Sauce	4.95	<input type="checkbox"/>

★ See Blackboard for **SPECIALS**

★ Ask about our **CASK ALES**



STARTERS

Homemade Soup Artisan Bakery Bread	5.95	<input type="checkbox"/>	Maldon Sea Salt & Cracked Pepper Squid Dressed Salad Leaves, Garlic & Parsley Mayo	7.95	<input type="checkbox"/>
Baked Camembert To Share <i>v</i> Warm Sourdough, Onion Jam	12.95	<input type="checkbox"/>	Fresh Mussels <i>GF+</i> White Onion Veloute, Lemon, Parsley, Artisan Bread	8.95	<input type="checkbox"/>
Pressed Ham Hock Terrine <i>GF+</i> Farradays Piccailili, Rocket, Sourdough	7.50	<input type="checkbox"/>	Artisan Bakery Sourdough <i>NVGF+</i> To Share Marinated Olives, Houmous, Pesto	10.95	<input type="checkbox"/>

MAINS

Traditional Real Ale Battered 10oz Haddock Fillet Hand Cut Chips, Mushy Marrow Fat Peas, Tartare Sauce	13.95	<input type="checkbox"/>	Chargrilled Flying Pig 10oz Double Beef Burger With Bone Marrow, Brioche Bun, Dry Cured Smoked Bacon, Cheddar, Tomato, Rocket, Fries	14.95	<input type="checkbox"/>
Whitby Breaded Scampi Hand Cut Chips, Salad, Tartare Sauce	12.95	<input type="checkbox"/>	Chargrilled Chicken Fillet Burger Brioche Bun, Dry Cured Smoked Bacon, Cheddar, Rocket, Tomato, Fries	14.95	<input type="checkbox"/>
Sweet Potato, Chickpea & Spinach Curry <i>v</i> Peshwari Basmati Rice, Onion Seed Flat Bread, Lime Pickle Yoghurt	12.50	<input type="checkbox"/>	Moving Mountains Vegan Burger <i>v</i> Sesame Bun, Vegan Cheddar, Olive Oil Confit Mushroom, Beetroot & Horseradish Relish, Rocket, Tomato, Fries	14.95	<input type="checkbox"/>
Yardies Jerk Marinated Free Range ½ Chicken Salad, Fries, Coleslaw	14.95	<input type="checkbox"/>	Pie of the Day Locally Made Shortcrust Pastry Pie, Creamed Potato Or Hand Cut Chips, Seasonal Vegetables, Gravy	13.95	<input type="checkbox"/>

➡➡ **SUNDAY ROAST** *with all the trimmings 12.95 served Sunday only* ⬅️⬅️

SIDES

Real Ale Battered Onion Rings	3.95	<input type="checkbox"/>
Hand Cut Chips	3.95	<input type="checkbox"/>
Add Cheese	+1.00	<input type="checkbox"/>
Fries	3.95	<input type="checkbox"/>
Add Cheese	+1.00	<input type="checkbox"/>
Seasonal Vegetables	4.50	<input type="checkbox"/>
Seasonal Salad	4.50	<input type="checkbox"/>

KIDS

Cartmel Valley Cumberland Sausage Hand Cut Chips, Baked Beans	7.50	<input type="checkbox"/>
Real Ale Battered Haddock Fillet Hand Cut Chips, Mushy Marrow Fat Peas	7.50	<input type="checkbox"/>
Ciabatta Pizza, Salad, Fries <i>v</i>	7.50	<input type="checkbox"/>
Ice Cream Chocolate, Vanilla, Strawberry	1.50	<input type="checkbox"/>
	per scoop	

★ SANDWICHES ★ served 12pm-4pm

Artisan Bakery White Or Granary Bread Roll, Salad, Coleslaw

Dry Cured Smoked Bacon 7.50
Rocket, Tomato

Free Range Egg Mayo 6.50
Watercress *GF+ V*

Tuna Mayonnaise 6.95
Spring Onion, Dill, Lemon *GF+ V*

Mature Cheddar, Piccalilli *V* 6.50

Real Ale Battered Haddock 9.50
Rocket, Tartare Sauce

DESSERTS

Bowness Pudding Co 6.50
Sticky Toffee Pudding

Toffee Sauce, Vanilla Ice Cream Or Double Cream

Selection of Locally Made Ice Cream *GF* 1.50
Please ask for flavours per scoop

Proud To Use **McClures** Our Local Supplier

N May contain Nuts *V* Vegetarian *GF* Gluten Free
GF+ This Dish can be made Gluten Free, please speak to your Server
For allergen or dietary information, please ask your server.
All Prices Inclusive of VAT.

IMPORTANT INFORMATION

Please keep yourself, other customers and our team safe by following these guidelines:

- Visit us only if you are feeling well.
- On arrival please use our sanitiser.
- Maintain social distancing guidelines and respect other customers personal space.
- Avoid close contact and touching other people.
- Don't arrange to meet in large groups.
- Don't move furniture - it has been carefully arranged for social distancing.
- If sitting outside, use alternate tables whenever possible.
- Card payment only – contactless preferable.
- If dining inside please wait to be seated.
- Table service only. Please do not order at the bar.
- Keep children seated and supervise their toilets visits.
- Keep the door open to improve ventilation and reduce contact with handles. If you are cold please ask to move to another table.

USE OF TOILETS POLICY

- A maximum 2 people at any time.
- If busy please wait outside.
- Young children must be supervised.
- Wash you hands thoroughly with warm water and soap for at least 20 seconds.
- For Gents - please use urinals and pedestal to stay socially distant.

REQUIRED DATA CAPTURE



SCAN THIS QR CODE WITH YOUR SMART DEVICE

You will taken to a secure online form allowing you to check-in to this venue. If you cannot scan the QR code, please visit <http://mgl.io/69xkK>